



affiliate Columbia University College of Physicians and Surgeons
member NewYork-Presbyterian Healthcare System
A Planetree Hospital

DEPARTMENT OF PEDIATRICS GRAND ROUNDS

February 25, 2016

9AM-10AM

Conference Rooms A & B

An Update: Sleep in ADHD

Sejal K. Vyas, PhD

Pediatric and Adult Neuropsychologist
Assistant Clinical Professor of Psychiatry
St. Luke's-Roosevelt Hospital Center
Icahn School of Medicine at Mount Sinai

Learning Objectives:

1. To understand the prevalence of pediatric sleep disruption in ADHD compared to a normal pediatric population.
2. To gain a basic understanding of the impact of sleep disruption upon cognition.
3. Implication of stimulant medication use for children diagnosed with ADHD and its impact upon sleep.
4. Management of pediatric sleep disruption in ADHD, including medication and other empirically validated treatment options.

Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing Medical education for physicians. Stamford Hospital designates this continuing medical education activity for "1" credit hour in Category 1 of the Physicians' Recognition Award of the American Medical Association. Each physician should claim only those hours of credit that he/she actually spent in the education activity.